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## Green Events

CALENDAR

**In observance of October's National Lead Poisoning Prevention Week, the Environmental Health and Sustainability Department is giving away FREE lead paint test kits throughout the entire month. Stop by our office on the 2nd floor of Aspen City Hall to pick up a kit and learn more about lead poisoning prevention.**

### Aspen Energy Challenge October Promotion

Thousands of dollars could be hiding in your attic! Find out how much money you could be saving on energy costs by sealing up the leaks and cracks in your home with our Air Sealing and Insulation October promotion! To learn more, [click here](#) or call 970.925.9775.

**Tue. Oct 11, 7:30 - 10:30 am  
Birding with ACES  
Hallam Lake, Aspen**



## PREVENTING Childhood Lead Poisoning

To many of us, lead poisoning may seem like a thing of the past, but this month, ZGreen reminds our readers that lead still poses a serious threat to children, and is something that we should all be aware of.

The major source of lead poisoning is from children eating lead contaminated materials including dirt, paint, and food. Lead can also be found in cosmetics and dinnerware.

With all the possible sources of lead on our everyday life, a parent can be overwhelmed. The good news is that with a few prevention steps you can keep your home and child lead free.

**Step One: Test your child**, especially under the age of 6 years old, for lead poisoning by asking your pediatrician to do a simple blood test. Even levels lower than the reportable limit of 5 ug/dL of lead in the blood can result in behavior and learning problems, lower IQ, hyperactivity, hearing problems, and anemia.

**Step Two: Know the age of your home.** Homes built between 1960 and 1978 have a 24 percent chance of containing lead paint. Homes built between 1940 and 1959 have a 69 percent chance, and before 1940 it is an 87 percent chance. If you live in an older home, it's advisable to test paint and other parts of your home for lead.

**Step Three: Keep your home clean and in good repair.** Simple

Join naturalist Rebecca Weiss on the first Tuesday of the month. Designed for all birders from novices to experts, \$15 members/\$25 Nonmembers. Bring your binoculars and dress warmly: coat, gloves, hat, and appropriate footwear. Contact ACES at 970.925.5756 or [click here](#) for more information.

**Sat. Oct 15, 12 - 4 pm  
Harvest Party  
Rock Bottom Ranch,  
Carbondale**

Guests of all ages are invited to the party which features lunch, activities and music by Caleb Dean Band. Tickets are required (advance: \$15 adults/\$5 kids). This is a car-free event. Contact ACES at 970.925.5756 or [click here](#) for more information.

**Sat. Oct 15, 5:30 pm – 6:30 pm  
Ute Cemetery Tour**

Join Dean of Aspen Walking Tours for a guided walk through Aspen's first burial ground. \$25-30. [Click here](#) or call 970.925.3721 for more information.

**Wed. Oct 19, 5 - 7 pm  
Aspen Green Drinks  
Design Workshop, Aspen**

The fun green networking event series continues. The City of Aspen and Design Workshop team up to host a FREE, fun event for anyone interested in environmental topics. Light snacks and beverages are provided. For more information [click here](#).

**Sat. Oct 22, 10 am - 2 pm  
Prescription Drug Take-Back Day  
Aspen Police Department,  
506 E Main St #102, Aspen  
Emma Schoolhouse, 72  
Sopris Creek Rd, Emma**

The Aspen Police Department and Pitkin County Sherriff's Office are offering free and anonymous drop offs of prescription drugs at the Aspen

habits such as: shoes off at the door; washing up as dirt appears on floors; washing hands after playing outside and before eating; making sure yards do not have contaminated, exposed dirt where children and pets play; and following safe work practices when painting and doing remodels in and outside the home. Learn more about lead from the EPA by [clicking here](#).

**Step Four: Test suspect materials for lead.** Antique equipment, family heirloom toys and furniture, chipped paint inside or outside the home, and old metal fencing are suspect materials.

**A free sample lead paint test kit** is available at City Hall in the Environmental Health office on 2nd floor, while supplies last.

**To learn more about lead prevention**, stop by the Yellow Brick building at 215 N Garmisch from 3:00 to 5:30pm on October 26, 2016 for an educational event for parents to learn more about protecting their children.



COMMUNITY CHAMPION:  
**Community Health Services**

This month ZGreen looks to shine some light on a valley leader in public health: Community Health Services. Community Health Services (CHS) is a non-profit organization focused on providing core public health services to Pitkin County residents, workers and visitors.

CHS works with local partners to make sure that all who need it, including the most underserved populations, get the public health services they need including:

- Child, adult and travel immunizations
- Women's health screenings
- HIV and sexually transmitted disease testing
- Communicable disease surveillance
- Public health emergency preparedness and community outreach

These services are provided by a highly skilled nursing staff with English and Spanish language capabilities, which helps to meet the needs of the diverse clientele they regularly serve.

In addition to regular office visit services, CHS also provides Flu Shot Clinics throughout the fall in a variety of locations throughout Pitkin County.

**Upcoming Flu Shot Clinics include:**

- Wednesday October 5th, 10:00 am - 1:00 pm  
Pitkin County Senior Services

Police Department in Aspen and the Emma Schoolhouse in Emma. They will accept tablets, capsules and all other solid medications. They will not accept chemotherapy drugs, injectables, syringes or aerosols. If you have questions, please call 970.920.5400 or [click here](#).

**Wed. Oct 26, 5:30 - 6:30 pm  
Construction and Demolition  
Waste Reduction  
Aspen City Hall, Sister Cities  
and**

**Thu. Oct 27, 6 - 7pm  
Construction and Demolition  
Waste Reduction  
Rocky Mountain Institute**

The City of Aspen and Pitkin County are hosting discussions on how to reduce the amount of construction and demolition waste being buried. Consultants from LBA Associates and Weaver Engineering will lead the discussion. For more information, email [Liz O'Connell Chapman](mailto:Liz.O'Connell@chp.com) or call 970.429.1831.

#### FARMERS MARKETS

**Aspen Farmers Market**  
Saturdays thru Oct 8, 8:30 am  
- 3 pm  
Hopkins, Hunter, Hyman

**ZGreen Programs**  
LINKS & INFO



275 Castle Creek Road, Aspen

- Thursday October 13th, 3:00 pm - 6:00 pm  
Snowmass Village Town Council Chambers  
130 Kerns Road, Snowmass Village
- Thursday October 20th, 9:00 am - 11:00 am  
Redstone Inn  
82 Redstone Blvd, Redstone
- Monday November 7th, 2:00 pm - 6:00 pm  
Health and Human Services Building  
Community Health Services Inc.  
0405 Castle Creek Rd. Suite 201, Aspen

For additional information on the amazing work CHS does as a public health champion in our valley or to schedule an appointment, [click here](#) or give the folks there a call at 970.920.5240.

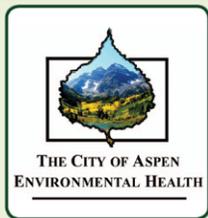


## BY THE NUMBERS **Green Schools**

High school seniors in Aspen and around the country will be applying to colleges starting this month. ZGreen highlights Sierra Club's 2016 ranking of the greenest colleges in the United States in this edition of "By The Numbers".

Where will you decide to study next fall? Where does your alma mater rank? [Click here](#) for the full rankings.

- **2/3:** The portion of high schoolers that consider how green a school is when choosing a college
- **10:** The years Sierra Club has published this report
- **2,000:** The total number of 4-year universities and colleges in the US
- **200:** The total number of schools surveyed for the rankings
- **1:** Rank of the College of the Atlantic, with 783 points
- **83:** The percentage of Colorado State University's waste that



doesn't end up in the landfill, ranked 11 with 700 points

- **46:** Rank of Colorado College
  - **69:** Rank of University of Colorado, Boulder
  - **79:** Rank of University of Colorado, Colorado Springs
  - **143:** Rank of University of Denver
  - **169:** Rank of Western State Colorado University
- **6:** Degrees from ranked universities held by City of Aspen Environmental Health and Sustainability staff

Canary Initiative · 970.429.1798  
Environmental Health & Sustainability · 970.920.5039  
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