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CALENDAR

This July, bike on over to the department of Environmental Health and Sustainability on the 2nd floor of Aspen City Hall and pick up a FREE bike seat cover and other biking goodies.

Aspen Energy Challenge July Promotion
During the month of July free yourself from high utility bills by getting solar for your home! Thousands of dollars in cash-back rebates are available. To learn more [click here](#) or call 970.925.9775.

Fri. Jul 1, 3 - 5:30 pm
ACES Raptor Fair
Hallam Lake, Aspen
Don't miss the fourth annual Raptor Fair with opportunities for up-close interactions with several birds of prey including a

Mobility in Aspen

SOLUTIONS TO THE TRAFFIC PROBLEM



Above: two images of downtown Aspen today paint a portrait of its future options: one remains dominated by vehicle traffic while the other balances all needs and encourages alternate transit, cycling and walking.

As many Aspen residents and visitors know, traffic and congestion can be a challenge to local quality of life. If you felt like 2015 was a busy year for traffic, you're right.

On July 1 of last year, more than 32,000 cars drove across Castle Creek Bridge, the second highest number ever recorded on that section of road in a single day.

Although this is a large amount, the Aspen community has the City of Aspen Transportation and Parking departments and RFTA to thank for keeping daily traffic over Castle Creek Bridge at relatively flat levels in recent decades. This has not been an easy task with increases in regional population, economic activity, and commuter

Red-tailed Hawk, a Golden Eagle, and a Great Horned Owl. Learn about these creatures from ACES Naturalist Staff as well as experts from Nature's Educators, a raptor education organization from Denver. FREE. Contact ACES at 970.925.5756 or [click here](#) for more information.

**July 6, 7, 11, 18, 19, and 21;
7:30 pm Firefly and Rare
Orchid Walk**

**Filoha Meadows near
Redstone**

The Roaring Fork Conservancy and Pitkin Co. Open Space and Trails sponsor an evening exploration of Filoha Meadows. Discover fireflies, uniquely rare orchids, and thermal wetlands in this very special area that is usually closed to the public. Call 970.927.1290 or [click here](#) to register. Note some dates are designated for families.

**Sat. Jul 9, 8:30 am - 5 pm
RFOV's Hunter Creek Valley
Weed Pull**

Hunter Creek Trail, Aspen
Volunteer with RFOV to help remove weeds in the Hunter Creek Valley, Aspen's backyard. Call 970.927.8241 or [click here](#) for more information and to sign up. Includes dinner!

**Wed. Jul 20, 5 - 7 pm
Aspen Green Drinks
Bluegreen, 300 S Spring St
No. 202, Aspen**

The fun green networking event series is back for 2016. The City of Aspen and Bluegreen team-up to host a FREE, fun event for anyone interested in environmental topics. Light snacks and beverages are provided. For more information [click here](#).

**Wed. Jul 27, 5:30 pm
Water in the Age of Silver:
Touring Aspen's "Holden
Works"
Holden-Marolt Mining
Museum, Aspen**
Discover the largest industrial

traffic.

This success is thanks to a wide variety of programs such as free local buses and valley-wide bus rapid transit, paid parking, [car-to-go](#), [WE-cycle](#), [carpooling incentives](#), and improved bicycle and pedestrian infrastructure.

Even with all these impactful efforts, it will take more to solve Aspen's traffic and congestion. Aspen's City Council recognizes that the time has come to bring the community together to offer creative solutions. In 2015, City Council set a two-year goal to reduce traffic. One part of that work in 2016 has been to learn more about how new mobility technology can improve the downtown experience.

As a result of this goal, Aspen's residents and visitors can explore a variety of new transportation programs this summer. Some of the more visible of these include:

- 1. Seasonal parking rates:** A summer experiment which increases downtown Aspen's parking rates in an effort to relieve downtown congestion. The revenues will help fund perks of the [Drive Less, Save More](#) campaign, which provides commuters with giveaways like a RFTA value card, WE-Cycle season pass or free bike tune.
- 2. Expanded bus service** between Burlingame and downtown Aspen (twice hourly) to build on the success of the highly successful winter experiment, showing that twice hourly service dramatically increased ridership among multi-family residents.
- 3. The Downtowner:** A free-to-ride, on-demand electric taxi that shuttles passengers throughout downtown Aspen. Anyone can hail a Downtowner using the app which can be downloaded [here](#).
- 4. Aspen's EV Fast-Charging station** can charge most types of electric vehicles (EV's) in a mere 30 minutes (compared to six hours for a normal charger). This charger is the first of its kind in Western Colorado and is a component of Aspen's goal to expand EV options and usage in the community.

With so many other options available, it's easy to be part of the solution to Aspen traffic this summer. Not only can you save time and money and reduce air pollution and climate warming emissions, it's also a fun way to interact with the exciting advances in mobility that are becoming more prevalent around the country as well as right here in Aspen.

POINT-COUNTERPOINT:
**Chemical vs. Physical
Sunscreen**

site in the history of Pitkin County: a state of the art silver processing plant known as the Holden Lixiviation Works. This silver processing plant was built on the banks of Castle Creek in 1891 by Edward Royal Holden, leading to innovative uses of water resources for hydropower and waste disposal. [Click here](#) to register.

**Fri. Jul 29, 10 am
Twin Lakes Tunnel and
Diversion Tour
Lost Man Reservoir, east of
Aspen**

Did you know about 40 percent of the Roaring Fork headwaters is diverted under the Continental Divide to Front Range cities and farms? Join staff from Twin Lakes Reservoir and Canal Company and RFC for this informative tour of the tunnels, dams and ditches that move water east. Jeeps from Blazing Adventures will drive us 6 miles on Lincoln Creek Road to the Grizzly Reservoir where we'll get a look inside the Twin Lakes diversion tunnel. [Click here](#) to register.

FARMERS MARKETS

Carbondale Farmers Market

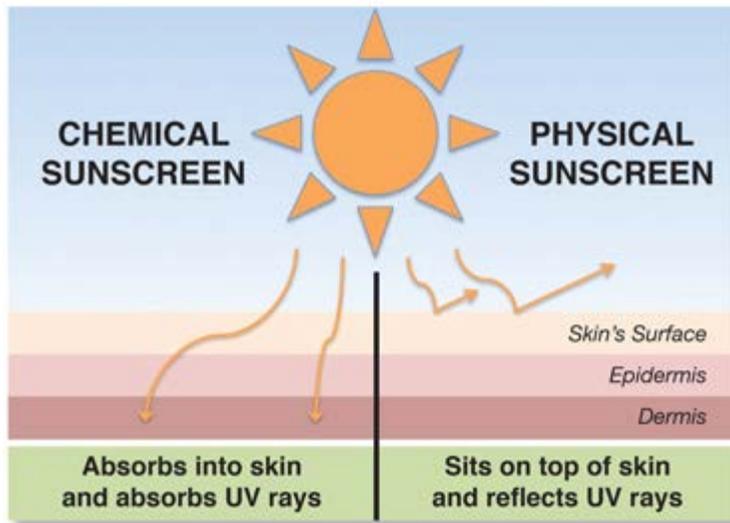
Wednesdays thru Sept 28, 10 am - 3 pm
4th and Main St

Aspen Farmers Market

Saturdays thru Oct 8, 8:30 am - 3 pm
Hopkins, Hunter, Hyman

Basalt Farmers Market

Sundays thru Sep 25, 10 am - 2 pm
Midland Spur, downtown



Sunscreen can be categorized into two types: chemical and physical. ZGreen weighs in on your options.

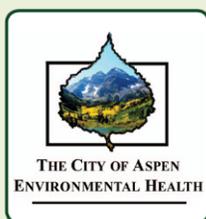
Chemical Sunscreen:

- Organic (carbon-based) ingredients
- Look for UVA protecting ingredients such as oxybenzone or avobenzone
- Breaks down the ultraviolet rays as it penetrates the skin
- Colorless and creates a thin visible film on skin
- May be irritating to sensitive skin
- Apply 20 minutes before sun exposure
- Not all are broad spectrum, read label to be sure it has ingredients that protect against UVA

Physical Sunscreen:

- Mineral, inorganic ingredients, including titanium dioxide and zinc oxide
- Physically blocks ultraviolet rays from penetrating the skin
- Visibly tints the skin white or other added pigment colors
- Protection occurs immediately after application on the skin
- Rubs off and sweats off easily and needs frequent reapplication
- Broad spectrum for all physical sunscreens

No matter which sunscreen you like, it is important to use broad spectrum and reapply during extended periods outside. Making this a habit will reduce your risk of skin cancer and early aging.



HARPER KAUFMAN & CHRISTIAN LA BAR: **Community Champions**

Above: Harper Kaufman and Christian La Bar farming in Missouri Heights.

This month, ZGreen shines the light on community champions working to grow local food. Harper and Christian are a young couple who are deeply connected and committed to the Roaring Fork Valley's local food movement.

After serving as Agricultural Managers at ACES Rock Bottom Ranch, they created their own business, Two Roots Farm, in 2015. At the same time, they started a local chapter of the National Young Farmers Coalition, known as the Roaring Fork Farmers Group. ZGreen interviewed them about their experiences with local sustainable agriculture.

On farming in the Roaring Fork Valley: Aspen's population is active and loves to spend time outside, which means that we often find that our customers already value seasonal and fresh food for its nutrition (and taste). In some ways, we think of running a small family farm as bringing a piece of Aspen's history back to the valley. One hundred fifty years ago, Missouri Heights was filled with farmers and is now experiencing a resurgence.

While growing food at 7000 feet (in Missouri Heights) is not a walk in the park, it is definitely doable. We are at a moment in history when tools and technology are making small market farming easier and more profitable, while sustainable land use practices enable us to grow more food on a small amount of land, without exhausting the soil.

On taking action to support local food: Grow what you can and vote with your food dollars! Every dollar that someone spends on local food supports local farmers, who then recycle that money through our community because they live there too. Be curious about where your food originates. Ask your servers and local supermarkets about local food.

On Roaring Fork Farmer's Group: We started out as a group of young or new farmers coming together to support each other by

sharing strategies, tips, equipment, and labor. Since then, the group has evolved to include both new and experienced farmers who want to build a more comprehensive food system in the Roaring Fork Valley. We're also associated with the National Young Farmer's Coalition and Rocky Mountain Farmer's Union, which work at regional and national levels to give farmers a voice in policy.

What are you most excited to eat in July? Tomatoes! Everyone can tell the difference between an unripe, out of season tomato from far away and an in-season heirloom that ripened on the vine. You can't make a better argument for the nutrition, taste, and value of local agriculture than a ripe tomato.

Want to learn more? Visit Harper and Christian at Aspen Farmers Markets or go to their website www.tworootsfarm.com. Find information about the National Young Farmers Coalition [here](#) and Colorado's Rocky Mountain Farmers Union [here](#).

Canary Initiative · 970.429.1798
Environmental Health & Sustainability · 970.920.5039
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